



TROLLHAUGEN LANGUAGE ARTS & CULTURE CAMP CAMP SUPPLY LIST

PLEASE LABEL ALL YOUR ARTICLES. Trollhaugen Language Arts & Culture Society is not responsible for lost, broken or stolen items.

Sleeping gear:

- Sleeping bag, pillow, bedding
- Pajamas or other **appropriate** nightwear

Clothing for 6 days:

- Undergarments
- Socks
- Jeans/shorts
- Tops/shirts
- Running shoes or good walking shoes for dancing & all outdoor activities
(Sandals/flip flops cannot be worn for any outdoor classes or folk dancing.)
- Cap or hat for sun protection
- Jacket for warmth during cool summer evenings and rainy weather
- Raincoat and rubber boots in case of rain
- Bathing suit or old t-shirt and shorts for Slip n' Slide

Toiletries:

- Hand towel, face cloth, bath towel
- Soap, comb, hairbrush, toothbrush, toothpaste, shampoo

Other:

- Sunscreen lotion and sunglasses
- Insect repellent
- Flashlight
- Fan for room especially if staying in room above dining hall

For the wind-up: (Optional)

- Adults are encouraged to bring their own Bunads if they have them.
- All Children will wear costumes for the wind-up. They may bring their own Bunads or Trollhaugen has costumes available. They must be signed out, used, and then returned after the program.
- Or they may bring:

Girls:

White blouse (long sleeved)

Dark skirt (below knee to the ankle in length and not pencil thin with slits, must be suitable for Folk dancing)

White half-apron

Red or black leotards or knee highs

Black Shoes (it is very helpful for them to have their own shoes for dancing)

Boys:

White shirt

Red vest

Dark pants

Knee socks, white, red or black

Black Shoes (it is very helpful for them to have their own shoes for dancing)